



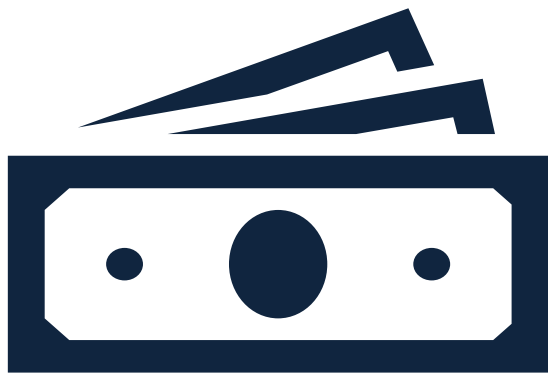
Support Plan

Decision-Making

What I Can Decide On My Own



I can make simple choices, like what to eat or what to wear



I need help with more complicated decisions, like managing money or making medical decisions



I prefer someone else to make big decisions for me



I have a substitute decision maker



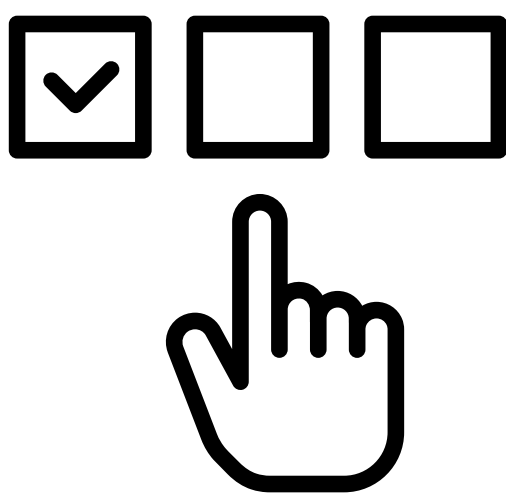
Other: _____

Decision-Making

How to Support Me In My Decision Making



Break things down into small, easy steps



Give me 2-3 options to choose from



Use pictures or yes/no cards to help me decide



Give me time to think before I answer



Explain things again if I don't understand



Help me understand what could happen in each situation



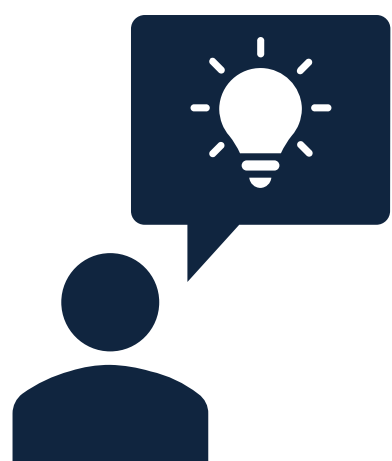
Include people I trust (like my family, friends, support workers) when I need help deciding



Other: _____

Decision-Making

How I Prefer to Make Decisions



I like to make my own decisions whenever I can



I like to talk to someone I trust before I decide



Making decisions can feel stressful so I like others to guide me or make decisions for me



Other: _____

Decision-Making

How I Make Decisions

Type of Decision	Decision-making looks like...
My Activities	
My Personal Care	
My Healthcare	
My Money	
My Home	

Planning for Safety and Security

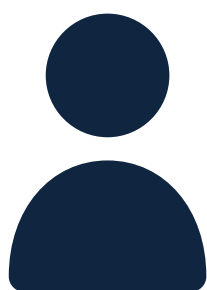
My vision for a good life looks like....

Urgent Situation	What This Looks Like For Me	What Needs to Happen	What I Need To Do	What Supports I Need & Their Role

Additional Templates

Living Arrangement Planning

Who I Want To Live With



By myself



With family/friends



With others



Other: _____

Where I Want to Live



In a home I own or a family member/friends owns



In a home or room that I rent



In a home owned by a service provider



Other: _____

Living Arrangement Planning

If I Need Supports



Yes

These are:

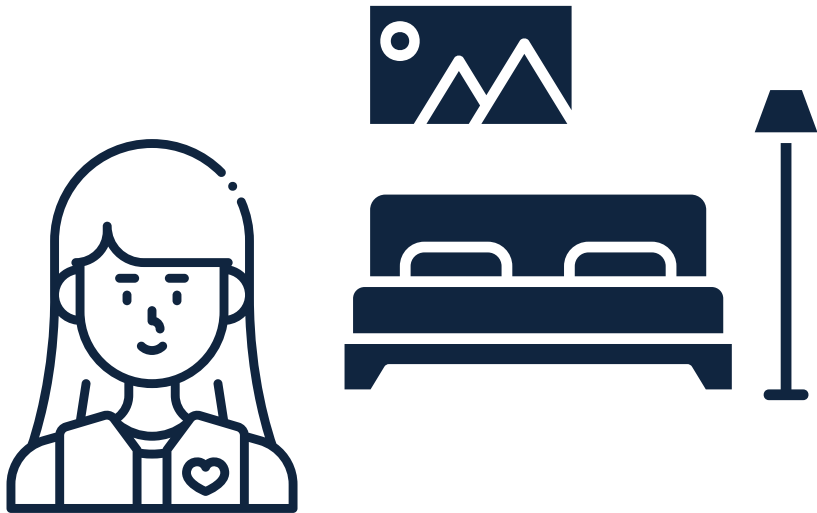


No

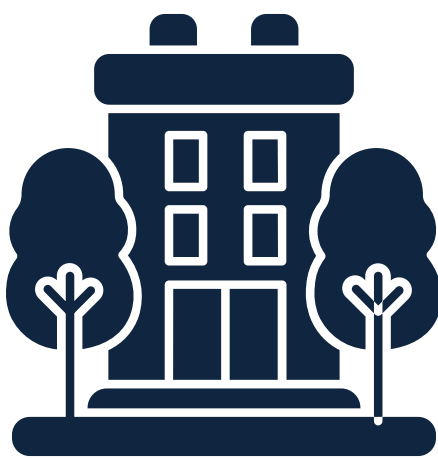
How I Want to Receive Supports



Supports that visit me
at home (paid or
unpaid)



Supports that live
with me at home
(paid or unpaid)



I will get support
outside by home



Other: _____

Living Arrangements Planning

My vision for a good life looks like....

Who I Want To Live With	
Where I Want To Live	
What Supports I Need	
How I Want To Receive Supports (if required)	
Other Things I Need To Consider	