

Know Your Rights

What is the Nova Scotia Human Rights Commission?

The Nova Scotia Human Rights Commission (NSHRC) has a unique role within Nova Scotia. It is an independent government agency tasked with administering the Nova Scotia Human Rights Act.

The role of the Commission is to provide a human rights complaint process to resolve allegations of discrimination and help build inclusive communities through public education and training workshops.

How am I protected?

It is against the law for any one to discriminate against you. There are 17 **protected characteristics** covered under the Nova Scotia Human Rights Act. Follow the trail of multi-coloured circles to see them all.



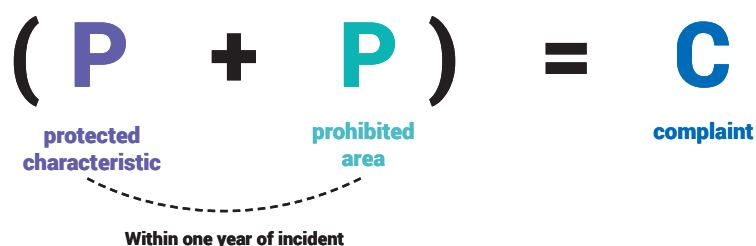
Where am I protected?

Under the Nova Scotia Human Rights Act, there are 7 areas where discrimination is **prohibited**:

- **Employment**
- **Housing or Accommodation**
- **Services and Facilities (stores, restaurants)**
- **Purchase or sale of property**
- **Volunteer public service**
- **Publication, broadcasting or advertisement**
- **Membership in a professional, business or trade association**

How do I make a human rights complaint?

To file a **complaint** with the Nova Scotia Human Rights Commission, the discriminatory act, must fall under a **protected characteristic** and **prohibited area** and within one year of the incident. A simple way to determine if you or someone has been discriminated against, remember this:



CONTACT INFORMATION